



Job Description

Title:	Young Carer Support Worker
Salary:	£28,598 per annum (pro rata salary for 15 hrs £11,594 pa)
Contract term:	Until 31 st March 2027, with possible extension funding dependent
Hours:	15 hours per week, to be worked during normal office hours and in the evening, including school holidays cover
Accountable to:	Communities Team Leader
Location:	Office based or hybrid working with some work required in our office in Eastbourne, and travel within East Sussex.
Job Purpose:	<p>To organise and deliver fun, engaging and high-quality clubs and holiday activities for young carers and young adult carers across East Sussex, offering a break from caring, peer support, social connectivity and helping young carers to manage their caring role.</p> <p>To provide information to young carers and their families, support signposting and referrals to other services helping young carers access support.</p>
Functional Relationships with:	Care for the Carers Young Carers volunteers, other colleagues at Care for the Carers in the Communities Team and beyond, health and social care partners, education partners, charity sector partners.

Key Responsibilities:

1. Take part in planning and running of the monthly young carers' clubs, currently in Eastbourne and Bexhill area, with possible extension to other locations in East Sussex.
2. Take part in planning and running school holiday activities and outings, in East Sussex and beyond.
3. Work with volunteers and external activity providers when planning and delivering sessions for young carers.
4. Ensure Care for the Carers provides interventions for young carers which are educational, empowering, creative and fun now and in the future.
5. Ensure all sessions are accessible to young carers and actively encourage participation.

6. Together with other staff take responsibility for the safety and wellbeing of young carers, contributing to risk assessments, debrief sessions, identifying and reporting safeguarding and complying with monitoring and evaluation of the sessions.
7. To support registration of young carers with Care for the Carers, using our dedicated database, and as needed, provide information to young carers and their families, support signposting and referrals to other services helping young carers access support.
8. Build positive and supportive relationships with young carers (and their families), with particular focus on developing trust, and to be sensitive to their needs, responding in the most appropriate manner.
9. Gather opinions and feedback from young carers attending clubs and activities.
10. Take an active part in team meetings and full staff meetings.
11. Actively participate in your own Care for the Carers Performance Review and Development Process, including 1:1 meetings and training.
12. Act at all times in accordance with Care for the Carers' policies and in a way that will ensure the reputation of the organisation is maintained.
13. Carry out any other duties commensurate with the post.

Please note, this Job Description is intended to outline the main duties of the post and may change as the post and organisation develops.

March 2026