

# Have you got a Carers Card?

Exclusive free scheme for unpaid carers in East Sussex



## The Carers Card does three things:

1. Identifies you as a carer, and that someone depends on you in an emergency.
2. The option to connect to a back-up respite plan.
3. A discount card, giving carers savings at businesses across East Sussex.



Sign up online, or contact us to request your Carers Card.

No one left to care alone



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