Adult Social Care and Health (ASCH) and East Sussex NHS Clinical Commissioning Group (CCG) want to promote, maintain and enhance people’s wellbeing and independence in their communities so they are healthier, more resilient and less likely to need formal health and social care services.

East Sussex County Council, in collaboration with their strategic partner, Care for the Carers, is **offering grants of up to £15,000** (fifteen thousand pounds) per annum to organisations, groups or individuals who can deliver services to support carers in East Sussex to maintain their health and wellbeing and/or to manage their caring role alongside other responsibilities.

Grant funding is initially for 12 months to deliver services to carers during 2021/22 with the intention to commit to year-on-year funding of projects up to 31st March 2025, **subject** **to ongoing available funding.**

There are approximately 60,000 carers in East Sussex with up to 20% of those known to statutory and/or community services. There is a 32% turnover in caring[[1]](#footnote-1), meaning that every year in East Sussex, there are approximately 19,000 new carers and the same number again ending their caring roles. 3 in 5 people will be carers at some point in their lives[[2]](#footnote-2).

We are looking for individuals/groups/organisations who will deliver universal and/or targeted services to carers to enable them to achieve the following overarching outcomes:

|  |  |
| --- | --- |
| **1.** | **Universal services** |
| 1.1 | Carers can access peer support in a format that meets their needs e.g. through groups or online fora  |
| 1.2 | Carers have access to engagement opportunities |
| 1.31.4 | Carers have access to wellbeing opportunitiesCarers can access generic services which reduce the need for access to targeted services  |
| **2.** | **Targeted services** |
| 2.1 | Carers can access emotional and practical support that enables them carers to look after their own health and wellbeing and sustain their caring role e.g. face to face support, counselling, short-term and crisis interventions.  |
| 2.2 | Carers can access training that will inform their caring role and enable them to care without risking their own health and wellbeing, e.g. condition specific; building resilience, stress management and digital inclusion. |
| 2.3 | Services are inclusive of carers caring at end of life and experiencing bereavement; carers from communities that are hard to engage; those who have additional vulnerabilities and those at key transition points |

Please refer to the Carers Services Small Grants Programme 2021 guidance notes to help you complete this form. If you would like support and advice about your project proposal please contact Jo Egan, Director of Services, Care for the Carers, on joe@cftc.org.uk

**Please email your completed applications (along with supporting documents) to:** **stephanieb@cftc.org.uk**

**The closing date for grant applications is 5pm,**

 **Friday 27 November 2020.**

**Section 1 – About you, your group or organisation**

**Q 1** Name

|  |
| --- |
|       |

**Q 2** Address

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|       |
|       |
|       |

**Q 3** Postcode

|  |
| --- |
|       |

**Q 4** Telephone Number

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| --- |
|       |

**Q 5** Email Address

|  |
| --- |
|       |

**Q 6** Website address

|  |
| --- |
|       |

**Q 7** Twitter name

|  |
| --- |
|       |

**Q 8** Facebook name

|  |
| --- |
|       |

**Q 9** When did your group/organisation begin?

|  |
| --- |
|       |

**Q10** What type of group or organisation are you?

|  |  |
| --- | --- |
| [ ]  Community Group  |       |
| [ ]  Charity | No.      |
| [ ]  Not for profit Company | No.       |
| [ ]  (CIC) Community Interest Company | No.       |
| [ ]  Other (Please specify) |       |

**Q11** Are you an accredited member of Support with Confidence?

 Yes[ ] No[ ]

If yes,please provide your membership number

|  |
| --- |
|       |

**Q12** Is your group/organisation part of a larger regional or national organisation?

 Yes[ ] No[ ]

**Q13a** Do you or your group/organisation receive funding from the following organisations?

|  |  |
| --- | --- |
| East Sussex County Council | Yes[ ] No[ ]  |
| East Sussex Clinical Commissioning Group | Yes[ ] No[ ]  |

**Q13b** If yes, please give details below of any funding received in the last financial year.

Funder Amount

|  |  |
| --- | --- |
|       | **£**       |
|       | **£**       |
|       | **£**       |
|       | **£**       |

**Q13c** Will this funding continue beyond September 2019?

 Yes[ ] No[ ]

If yes, what date will this funding end?

|  |
| --- |
| DD**/**MM**/**YYYY |

**Q14a** Have you or your group/organisation received funding from any other body to deliver the service that you are applying funding for?

 Yes[ ] No[ ]

**Q14b** If yes, how will any grant funding be used to prevent duplication and/or add value to the existing service?

|  |
| --- |
|        |

**Q15** What does your group/organisation do?

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| --- |
|       |

**MAIN CONTACT DETAILS:**

**Q16** Name

|  |
| --- |
|       |

**Q17** Role in group or organisation

|  |
| --- |
|       |

**Q18** Daytime telephone number

|  |
| --- |
|       |

**Q19** Mobile phone number

|  |
| --- |
|       |

**Q20** Email address

|  |
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|       |

**Q21** Address

|  |
| --- |
|       |
|       |
|       |
|       |

**Q22** Postcode

|  |
| --- |
|       |

**Section 2 – Your project**

**Q23** This grant is:

[ ]  For new work

 [ ]  To build on existing work

 [ ]  Continue current work

**Q24** Please indicate where you will deliver your project?

**Section 3 – Who will benefit?**

**Q25** How many carers do you think will benefit from your project?

|  |
| --- |
|       |

**Q26** Which group(s) of carers will benefit from your project?

[ ]  caring for a person with dementia

[ ]  older carers (75+)

[ ]  caring for a person with a physical disability or long term condition

[ ]  caring for a person with a learning disability

[ ]  caring for a person with mental health issues

[ ]  caring for a person at end of life

[ ]  young adult carer

[ ]  carers from BAME communities

[ ]  carers from LGBT communities

[ ]  bereaved carers

[ ]  multiple caring roles

[ ]  rural isolation

[ ]  accessing/maintaining employment

[ ]  caring for a person with substance misuse issues

[ ]  carers on low income

[ ]  carers managing their own mental health issues

[ ]  mutual carers

[ ]  caring for people with learning disabilities

[ ]  all

[ ]  other (please specify)

|  |
| --- |
|       |

[ ]  High Weald, Lewes & Havens

[ ]  Eastbourne, Hailsham & Seaford

[ ]  Hastings & Rother

[ ]  All of East Sussex

**Q27a** Is your project relevant to carerswhomay be experiencing additional challenges and or vulnerabilities?

 Yes[ ] No[ ]

**Q27b** If yes, please give details in the box below of how your service will target and/or support specific groups of carers.

|  |
| --- |
|       |

**Q28** Please indicate the outcome(s) your project will deliver.

|  |  |  |
| --- | --- | --- |
| **Number** | **Outcome** |  |
| **1.** | **Universal services** |  |
| 1.1 | Carers can access peer support in a format that meets their needs e.g. through groups or online fora | [ ]  |
| 1.2 | Carers have access to engagement opportunities | [ ]  |
| 1.31.4 | Carers have access to wellbeing opportunities | [ ]  |
| 1.5 | Carers can access generic services which reduce the need for access to targeted services | [ ]  |
| **2.** | **Targeted services** |  |
| 2.1 | Carers can access emotional and practical support that enables them to look after their own health and wellbeing and sustain their caring role e.g. face to face support, counselling, short-term and crisis interventions | [ ]  |
| 2.2 | Carers can access training that will inform their caring role and enable them to care without risking their own health and wellbeing., e.g. condition specific; building resilience, stress management and digital inclusion  | [ ]  |
| 2.3 | Services are inclusive of carers caring at end of life and experiencing bereavement; carers from communities that are hard to engage; those who have additional vulnerabilities and those at key transition points | [ ]  |

**Section 4** – **Your Project**

**Q29** Please describe the project you are bidding for. (Use up to 400 words)

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| --- |
|       |

**Q30** What experience do you have of delivering this type of service? (Use up to 400 words)

|  |
| --- |
|       |

**Q31** Please give details on key milestones, including timeframes for setting up your project/service if relevant, and for service delivery?(Use up to 400 words)

|  |
| --- |
|       |

**Section 5 – Your activity**

**Q32** How will you know if your project is helping carers or is successful? (Use up to 400 words)

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| --- |
|       |

**Q33** How will you measure the benefits and demonstrate the success of your project to support carers achieve outcomes they have identified? (Use up to 400 words)

|  |
| --- |
|       |

**Q34** Please tell us of your plans to continue this project after the funding is finished (Use up to 400 words)

|  |
| --- |
|       |

**Section 6 – Project budget**

**Q35** How much money are you applying for?

|  |  |
| --- | --- |
| **Total grant requested** | **£**       |
| **Total project costs** | **£**       |

In addition to the proposed cost summary above please complete the Carers Services Small Grants 2021- Financial Appraisal template to support your application. This is a separate Excel spreadsheet.

**Thank you for completing the application.**

If you are **Support with Confidence provider**, please go to Section 8 – Declaration. You do not have to include copies of additional information listed below or provide details of a referee. This is because you have already provided this information to East Sussex County Council as part of your registration with the council’s Support with Confidence Scheme

If you are **a not-for-profit group/organisation**, please complete Section 7 – Supporting documents and Section 8 – Referee.

**Section 7 - Supporting Documents**

Please ensure you have included (where necessary):

[ ]  A signed copy of your latest annual accounts

[ ]  A signed copy of your constitution or set of rules

[ ]  A photocopy of one bank statement from the last 3 months

[ ]  Names and addresses of all management committee members, with cheque signatories identified

[ ]  Safeguarding vulnerable adults or children policy (if you are working with these groups)

[ ]  Public liability insurance

[ ]  Employer’s liability insurance

[ ]  Health and Safety Policy

[ ]  Equal Opportunities Statement

[ ]  If you are a CIC please include your CIC 34 report

**Section 8 – Referee**

Please give the name and contact details of someone outside of your organisation who has agreed to be an independent referee for your application.

**Note: We will accept an e-signature or an email from your referee.**

|  |  |
| --- | --- |
| Name:       | Group/occupation:       |
| Address:       |
| Postcode:       | Phone:        |
| Email:       |
| Signed:       | Date:       |

**Section 9 - DECLARATION:**

I am authorised to make an application on behalf of the above organisation

1. I certify that the information contained in this application is correct.
2. If the information in this application changes in any way, I will inform Care for the Carers
3. I give permission for Care for the Carers to record the details of my organisation electronically and to contact my organisation by phone, mail or email with information about its activities and funding opportunities

**Note: We will accept an e-signature or an email from your referee.**

|  |  |
| --- | --- |
| Name:       | Group/occupation:       |
| Address:       |
| Postcode:       | Phone:        |
| Email:       |
| Signed:       | Date:       |

1. Analysis conducted for Carers UK by Michael Hirst (2014) Transitions into and out of unpaid care [↑](#footnote-ref-1)
2. Carers UK (2001) It Could Be You – A report on the chances of becoming a carer [↑](#footnote-ref-2)