



Think Carer

Care for the Carers are providing a programme of **FREE Carer Awareness Training** as part of our 'think carer' initiative.

Friday 4th September 2020 **9.30am – 11.00am**

Virtual session delivered via Microsoft Teams

Thursday 8th October 2020 **1.30pm – 3.00pm**

Virtual session delivered via Microsoft Teams

This training is for:

- Professionals
- Volunteers

The training will cover the following:

- Unpaid carers and the impact of caring
- The importance of 'thinking carer', identifying and supporting carers
- Carers rights
- Support available – signposting – making a referral
- A 'Carer Friendly Community' approach – good practice and the role we can all play to deliver the Government and NHS commitment to carers

Cost: FREE

For more information or to book a place on this training:

Please contact Carole Gregory - Tel: 01323 738390 or email caroleg@cftc.org.uk

No one left to care alone

Care for the Carers

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