

Join us to celebrate

Carers Week 2018

The Isabel Blackman Centre & Care for the Carers are hosting a

FREE Carers Fun & Information Day

Isabel Blackman Centre, Winding Street, Hastings TN34 3AT

Friday 15th June

10.30am—3.30pm

Book a lunch



Take a ride on a vintage bus

Enjoy some pampering
Tea & Cake

Bus times: Depart 10.45am back by 12.30pm Depart 1.30pm back by 3pm For more information or to book a ride on the bus, lunch at the centre or respite for the person you care for if they would prefer not to join you for the Carers Week event activities please contact Carleton Astley Tel: 01424 446428 Email: carleton.astley@sussexcommunity.org.uk
Please note activities and refreshments are free. There is a charge for lunch and the respite service.